



# mountainsportsfestival

ASHEVILLE, NORTH CAROLINA

## Ultimate Schedule

### Friday May 28

- 3:30-5:00 pm Youth Hat Tournament (grades 3-5)  
5:00-5:30 pm Throwing and catching clinic (Freestyle)  
5:45-7:30 pm Masters (co-ed) Hat Game (1<sup>st</sup> 28 to sign up)  
7:45-9:30 pm Women's Hat Game (1<sup>st</sup> 28 to sign up)

### Saturday May 29

- 10:00-12:00 Youth Hat Tournament (grades 6-8 )  
11:45 am Captain/Coach Meeting (high school) Asheville's 4th MSF high school tournament  
12:00 am -5:30 Youth Ultimate Tournament (high school) Double Elimination  
Max. 6 teams Cost \$ 25.00 Prizes and give-aways
- 6:00-9:30 pm Goaltimate Tournament.  
Max. 4 teams Cost \$50.00 Teams roster limited to 6 players  
Open to Anyone.

### Sunday May 30

- 12:00 am-2:00 pm Men's Hat Game (1<sup>st</sup> 28 to sign up)  
2:00 pm Ultimate Clinic. Throwing and catching tips / offensive and defensive strategies  
Open to all - beginners to super-stars  
2:30 pm – 4:30 pm Ultimate pick-up (open to anyone)

Sign up at [AshevilleUltimate.org](http://AshevilleUltimate.org) (MSF 2009) if you plan on participating or registering a team.

Donations for Youth Ultimate accepted.



For more information, call Craig (828) 3012120.